



Guardians of Polish & Christian Heritage

Company Number: 15417549

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Dear Friends,

As we celebrate Easter 2026, we would like to extend our warmest wishes to you on behalf of the Guardians of Polish & Christian Heritage.

Easter is a beautiful season of resurrection, hope, and renewal. In Poland, our Easter traditions are a fascinating blend of the Christian faith and ancient Slavic customs. Much like Britain's own rich history, our heritage is deeply rooted in the natural world and the changing of the seasons.

Long before Christianity arrived in our lands, our Slavic ancestors celebrated the Spring Equinox, known as *Jare Gody*. It was a joyful festival marking the victory of light over winter's darkness and the rebirth of nature. Over the centuries, these ancient customs seamlessly merged with the Christian story of the Resurrection.

When we share colourful, hand-painted eggs (*pisanki*) today, we are continuing an ancient practice that symbolises vitality and new life. And if you ever visit a Polish family on Easter Monday, be prepared for *Śmigus-Dyngus* or "Wet Monday" - a light-hearted tradition of playfully splashing each other with water! Originally, this was a springtime ritual of cleansing and waking up the earth, which later blended with the Christian symbolism of baptism.

We are incredibly proud to share this vibrant, dual heritage with our friends and neighbours here in the UK. As the spring blossoms around us, we hope this special time brings you genuine peace, good health, and a wonderful sense of renewal.

Wishing you a very Happy Easter!

London, 02-04-2026



Lord Michal Kurzdym

Executive Director

Guardians of Polish & Christian Heritage